

Dear Parent/Carer,

We look forward to welcoming students back to PE this year and would like to give some guidance on the provision for Term 1 (September to December)

| Week | Week Beginning | Sport | Equipment/Requirements |
|------|----------------------------|----------------------------------|---|
| 1 A | 2 nd September | Expectations/ Fitness Testing | Suthers PE Kit Clean trainers, water bottle |
| 2 B | 9 th September | Fitness Testing | Suthers PE Kit Clean trainers, water bottle |
| 3 A | 16 th September | Boys: Football Girls: Netball | PE Kit + Boots/Shinpads* PE Kit + No Nails |
| 4 B | 23 rd September | Boys: Football Girls: Netball | PE Kit + Boots/Shinpads* PE Kit + No Nails |
| 5 A | 30 th September | Boys: Football Girls: Netball | PE Kit + Boots/Shinpads* PE Kit + No Nails |
| 6 B | 7 th October | Boys: Football Girls: Netball | PE Kit + Boots/Shinpads* PE Kit + No Nails |
| 7 A | 14 th October | Boys: Rugby Girls: Football | PE Kit + Boots/Gumshield* PE Kit + Boots/Shinpads* |
| 8 B | 21 st October | Boys: Rugby Girls: Football | PE Kit + Boots/Gumshield* PE Kit + Boots/Shinpads* |

October Half Term

| Week | Week Beginning | Sport | Equipment/Requirements |
|------|---------------------------|----------------------------------|---|
| 9 A | 4 th November | Boys: Rugby Girls: Football | PE Kit + Boots/Gumshield* PE Kit + Boots/Shinpads* |
| 10 B | 11 th November | Boys: Rugby Girls: Football | PE Kit + Boots/Gumshield* PE Kit + Boots/Shinpads* |
| 11 A | 18 th November | Boys: Hockey Girls: Badminton | PE Kit + Trainers. Gumshield/Shinpads* PE Kit + Clean trainers |
| 12 B | 25 th November | Boys: Hockey Girls: Badminton | PE Kit + Trainers. Gumshield/Shinpads* PE Kit + Clean trainers |
| 13 A | 2 nd December | Boys: Hockey Girls: Badminton | PE Kit + Trainers. Gumshield/Shinpads* PE Kit + Clean trainers |
| 14 B | 9 th December | Boys: Hockey Girls: Badminton | PE Kit + Trainers. Gumshield/Shinpads* PE Kit + Clean trainers |

Suthers PE Kit

Suthers PE caters for both indoor and outdoor sports. We ask that you purchase the kit from our school kit provider <https://just-schoolwear.co.uk/> or you purchase a similar style, with a minimal brand logo as an alternative.



Additional purchases

Some sports can require additional equipment for example, shin pads and gum guards. These are not mandatory as we structure the PE lesson to accommodate those with or without the additional equipment. This can increase the cost, and we are aware that this outset might not suit a student who participates in a particular sport for 4-8 weeks of the academic year only. By purchasing this additional equipment, it would allow students to compete fully in the advanced elements/skills of the lesson. If your student was wanting to compete in our enrichment opportunities against other schools, they would need to have the additional equipment to keep them safe in competitive situations.

Please be aware that football boots can also be used for rugby. However, rugby boots cannot be used for football due to the type of stud permitted.

Kit and lesson expectations

Please be aware that in PE:

- Long hair must be tied back and students must supply their own hair bobbles.
- We do not allow hoodies due to health and safety; we only permit round neck Suthers or other nonbranded, black jumpers.
- Sports leggings must be black with the Suthers logo or a small, branded logo.
- Shorts are permitted for all but must be loose fitting to the thigh and not a 'pro fit' style which are short and body hugging.

Wet Weather Contingency

All PE is weather permitted and in the eventuality of poor weather, we may move to our indoor spaces. If this does happen, boots are not allowed to be worn indoors and therefore trainers must be worn. Please keep an eye on the weather in the morning before school and assess if trainers should be packed also.

Over the winter months we allow the use of base layers to keep students warm whilst they are in lesson. These should be black with no big logos and minimal branding.

Enrichment Clubs

PE sport clubs are free. Students turn up to the PE changing rooms afterschool at 14:45. The clubs end at 15:45. A register will be kept of attendance for safeguarding during these times. Some clubs, for example boxing, are not run through the PE department and need to be booked online using the parental gateway. This information will be shared by Mrs Adams who organises our enrichment provision.

Sports Clubs Term 1

| | | |
|-----------------------|-----------|---------------------------------|
| Whole School Football | Wednesday | Please bring boots and shinpads |
| Whole School Netball | Wednesday | No nails |
| Boys Rugby | Thursday | Gum shield for games and boots |
| Girls only Rugby | Thursday | Gum shield for games and boots |

I hope you found this information useful, if you did have any queries regarding anything PE related, please do not hesitate to contact me or Miss Berrington.

Head of PE/Boys PE- jsykes-wood@suthersschool.co.uk

Girls PE - gberrington@suthersschool.co.uk

Best wishes,

