

Personal Development Long Term Curriculum Plan

Health Education Relationships Education (ReE) and Relationships and Sex Education (RSE) Living in the Wider World



		Autumn		Spring		Summer		
		Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7
Year 8	<p>Learning how to manage my changing identity</p> <p>Transitioning to being a teenager. Common types of mental health illness and impact of actions on mental health.</p>	<p>Prejudice and Discrimination</p> <p>Conscious and unconscious bias. Protected Characteristics. Case study in Racism in sports, xenophobia, sexual discriminations. LGBTQIA+ and disabilities. Equality Act of 2010.</p>	<p>Understanding risks in relationships and how to stay safe</p> <p>Resilience Revisited and Assertive communication Course [<i>Bounce Forward</i>]</p>	<p>Self-care and Healthy Choices (Part 2)</p> <ul style="list-style-type: none"> -Personal Hygiene - Immunisations - Cancers - Eyes and Ears -Allergies and Intolerances 	<p>Jobs and job families – Big Career Survey</p> <p>Unifrog learning plan Y8</p> <ul style="list-style-type: none"> -success -career terminology -career types -future pathways -competencies 	<p>The Power to Influence – Social Action and Volunteering with WE Schools</p> <p>Identifying a social action to create change and impact in partnership with WE Schools</p>		
	H1c,d,e	R2a,b,c,e, d, h	R1g, R5a,	H3b, H4a, H5f H6a,d H7B	Gatsby Benchmarks 1,2,3,4,7	H2a, b,		