

Personal Development Long Term Curriculum Plan

Health Education Relationships Education (ReE) and Relationships and Sex Education (RSE) Living in the Wider World



		Autumn		Spring		Summer		
		Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7
Year 9	<p>My Future Self –Goals and Ambitions</p> <p>‘From School to Life’</p> <p><i>Bounce Forward</i></p> <p>Linking School to future aspirations and Happiness. Values and beliefs to my life choices.</p>	<p>Intimate Relationships</p> <p>Relationships and Sex Education. Consent, Contraception (School nurse) and Impact of intimate relationships. Risk of STIs. Online relationships and safety.</p> <p>Managing sexual pressure and attitudes to Pornography. Sexual harassment and sexual violence.</p>	<p>Resilient Relationships [Bounce Forward]</p> <p>Respectful and positive relationships, Big Sticky Beliefs, Tolerance Power, Assertive communication, Resilience Planning. Equality in relationships.</p>	<p>Families</p> <p>Marriage/ changing relationships/ role and responsibilities of parenting/successful parenting</p>	<p>Drugs and alcohol and tobacco</p> <p><i>Unplugged Learning (Bounce Forward) and PSHE Association</i></p> <p>Facts, Risks Associated, supply and possession/consequences of addiction. Risks to health. Where to access support.</p>	<p>Influences</p> <p>Gangs and Violence</p> <p>Exploitations in young people. Hate Crimes. County lines. Knife/gun crime and Criminal Behaviours.</p>	<p>Money Management saving, borrowing, spending, credit, debt</p> <p>Positive financial choices/behaviours impacting on my future self through Barclaycard Life Skills and Martin Lewis Money management programme for schools.</p>	
		H1b, H1e, H1f, H6e,	R2f,g R3e,f, R4b, R5a, c,d,e,f,i,j,k,l	R2b,d,	R1b,d,e,f,	H5a,c,d,e,f. R5k	R3d,e	